Because you’re worth it!

**Y1 Nico and Tino Cut and Blow**
Cut and Blow at Nico and Tino

www.nicoandtino.co.uk

*Value £28
Minimum Bid £15*

**Y2 Beauty Bar Facial**
Luxury Facial at the Beauty Bar

*Value £28
Minimum bid £15*

**Y3 Bellissima Manicure**
Manicure at Bellissima

*Value £14
Minimum Bid £7*

**Y4 Nicky Oliver Cut and Blow**
Cut and Blow by Nicky Oliver, Manchester

www.nickyoliver.com

*Value £50
Minimum bid £25*

**Y5 Gallery Cut and Blow**
Cut and Blow by Gallery Hair Salon

*Value £28
Minimum Bid £10*

**Y6 Reiki session**
Improve mind, body and soul with a one hour Reiki session with Janet Long from Rainbow Healing Therapies.

www.naturaltherapypages.co.uk/therapist/rainbowhealingtherapies/2875

Value £30
Minimum Bid £15

**Y7 Total Concept Cut and Blow**

Cut and Blow at Total Concept

Value £28
Minimum Bid £15

**Y8 Le Salon Luxury Manicure**

Luxury manicure at Le Salon

Value £30
Minimum Bid £15

**Y9 Life Coaching with Jeanette**

If you want to take control of your life and need a guiding hand, then Jeanette at Haigh Lea Therapy Rooms has offered two one hour life coaching sessions.

www.haighlea.co.uk

Value £60
Minimum Bid £20

**Y10 Carla Scarborough Hair**

Carla Scarborough, a mobile hairdresser will come to your home and do a cut and blow without the hassle of going to a new salon.

Value £25
Minimum Bid £12

**Y11 Cream Cut and Blow**

Cut and Blow at Cream

Value £28
Minimum Bid £15
**Y12 Meridian Acupuncture**

Restore balance and harmony into your life with an acupuncture consultation and treatment by Meridian at Haigh Lea Therapy rooms.

www.haighlea.co.uk  
www.meridian-acupuncture.co.uk

*Value £55*  
*Minimum Bid £25*

**Y13 Healing Hands Crystal Healing**

At the heart of Crystal healing is the belief that crystals, gemstones and rocks are used to balance energy. Healers select crystals appropriate for the individual’s condition and place them on or near the chakras or energy centres they need to balance. A £20 voucher can be used towards a treatment of your choice. Healing Hands is located in Traders Outlet, Sale.

*Value £20*  
*Minimum Bid £10*

**Y14 Gel Nails by Keeks**

Would you like a manicure or pedicure that lasts for 2 weeks without chipping? Well, why not try a set of gel nails from Keeks Nails and Beauty.

www.keekshairandbeauty.co.uk

*Value £30*  
*Minimum Bid £15*

**Y15 Face Plus**

A collection of Beauty products from Face Plus in Traders Outlet.

*Value £30*  
*Minimum Bid £15*

**Y16 Carmen Elizabeth Manicure**

Treat yourself to a manicure by Carmen Elizabeth in the comfort of your own home.

www.nailsandmakeup.co.uk

*Value £15*  
*Minimum Bid £8*
Y17 Microdermabrasion at Face and Eye

Give your skin a boost with a Microdermabrasion treatment at the Face and Eye Clinic in Northenden. Microdermabrasion is a skin revitalizing method that uses exfoliation to smooth lines, scars and wrinkles.

www.faceandeye.co.uk

Value £85
Minimum Bid £45

Y18 Life Coaching with Anna Gaughan Consulting

If you or an employee need to get a clear understanding of the sustainable impact you want to achieve in business or personally, then four one hour life coaching sessions with Anna Gaughan Consulting could be perfect for you.

www.annagaughanconsulting.co.uk

Value £440
Minimum Bid £200